

# TAHOE SNOWSHOE TAHOE SNOWSHOE RENTALS: TRIP DETAILS 1/2 DAY SNOWSHOEING

#### **BEFORE LEAVING HOME:**

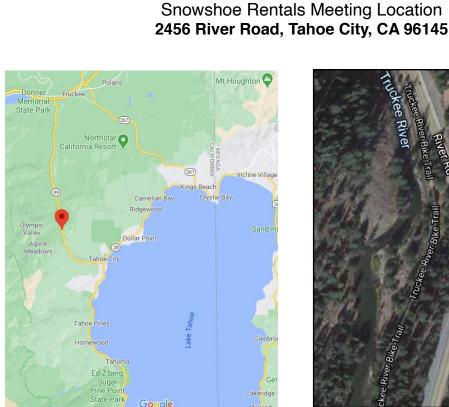
Double check the meeting location, meet time, driving directions and snow conditions. Give yourself ample time to arrive on time. Winter months tend to have slower traffic as well as slippery roads. It is Important that guests arrive on time. *Please notify office if you believe you are running behind*.

Ensure you are bringing all necessary items for hike (check pack list below). As well leave non- essentials behind or in the car. *Snowshoe Tahoe is not responsible for lost or damaged items while out for the duration of the hike.* 

\* Use restroom before leaving home, No restroom facility is available at the meeting location.

\* Pump yourself up!!! Your about to explore Tahoe's National Forest!!!

# WHERE WE MEET FOR HIKING





2456 River Road is an unmarked Pullout, use caution pulling in from the highway.

## SNOWSHOE RENTAL CHECK LIST

#### Appropriate Layering: Items to consider wearing! Check Daily weather report for proper planning

#### Layering

Base layer, Mid Layer, and Shell or jacket appropriate for winter weather conditions. Winter or insulated pants.

#### Winter Boots (MOST IMPORTANT)

Warm footwear is key to enjoying a snowshoe outing. Try to choose footwear that is: Waterproof, Insulating & high ankle.

#### Socks

Wool, Fleece or polyester for the win.

#### Headwear

Wear a wool winter cap or beanie to protect the ears when cold. Baseball hat works well when sunny.
Sunglasses are great for the reflection of the sun off the snow.

#### Gloves

Water-resistant, or waterproof mittens or gloves are ideal. Check weather for necessity of gloves.

#### Other Essential Items.

#### Backpack

- \_\_\_\_ Comfortable to carry other items such as:
- Water bottle or camel back. Recommend 32oz. Snacks for trail
- \_\_\_\_\_ Sunscreen/ or lip balm for sun
- Time Keeping Device/ Phone/ Camera. Keep track of your time on the trail.
- \_\_\_\_\_ Download FATMAP GPS App to phone navigation.
  - Extra clothes or layering options for changes in temperatures (optional)
    - Necessary Medications

#### Note for Stormy Winter Weather

- Winter storms may exist on date of your hike.
- Extra, or thicker layers should be considered.
- Wearing cotton is **NOT** recommended and should be replaced
- with a fleece, polypro, or wool base layer instead.
- Googles can be a great addition for the hike.
- Check weather forecast while getting ready.



### **SNOWSHOE RENTAL INTERACTIVE MAP**



# #2 Scan Open Palisades Loops Trail

#3 Keep In Mind while on the trail



- Start time

- Keep entire group together
- Stay on the trail
  - Latest to be heading down is **3:30pm**
  - Go to hands and knees to stand back up to your feet.
- Keep track of energy of entire group.
- Have Fun! Take Lots of Pictures!

In case of issues on trail Call office at: (530) 536-0608

Snowshoe Loop Options:

25 - 45 min, 200' elevation gain, roughly 1 mile Mini Loop: Mini Meadow Loop: 45 - 1 hrs, 350' elevation gain, roughly 1.8 miles Frog Meadow Loop: 1.5 - 2.5 hrs, 600' elevation gain, roughly 2.5 miles Palisades Point: 2.5 - 3.5hrs, 800' elevation gain, roughly 3.4 miles

Steeper terrain is in color to show potential "Palisades Loops" Snowshoe Rental Loop Options Avalanche terrain. Snow can slide at 30° or above. **SAFETY is #1 at Snowshoe Tahoe!** Our Trails Networks are surveyed to keep you free and clear of any slidable slope! Palisades Point (3 hrs) 45° + 25° 35° 40° 30 Frog Meadows Loop (2.5 hrs) Mini Meadows Loop Mini Loop (45 Min)